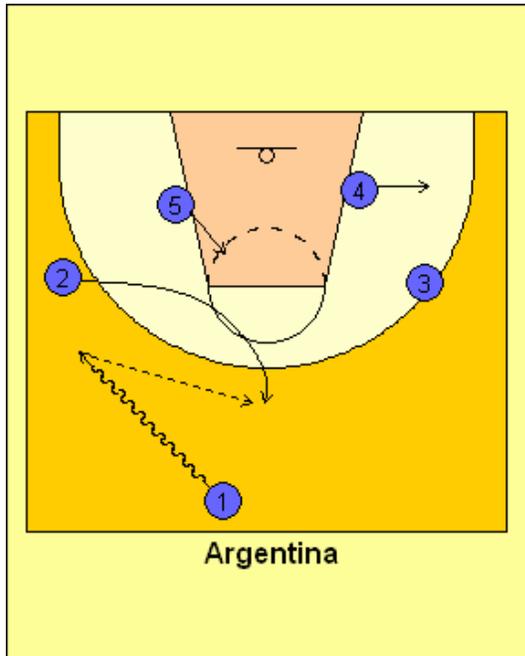


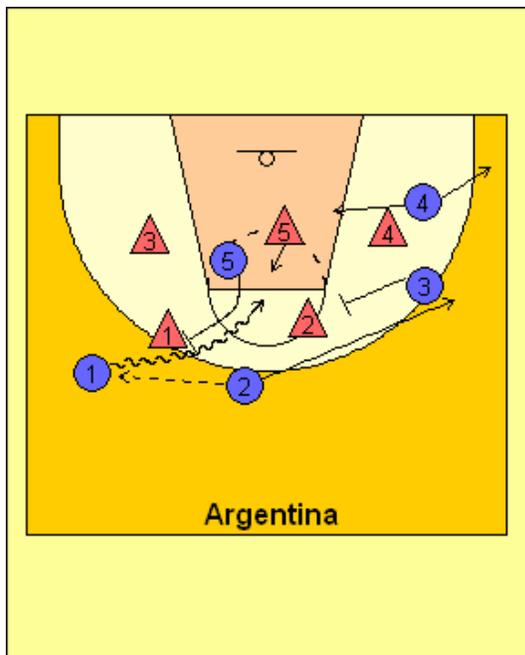
## A Few Zone Sets from the World Championships

Here are four set plays against zones from the 2006 FIBA World Championships for Women.

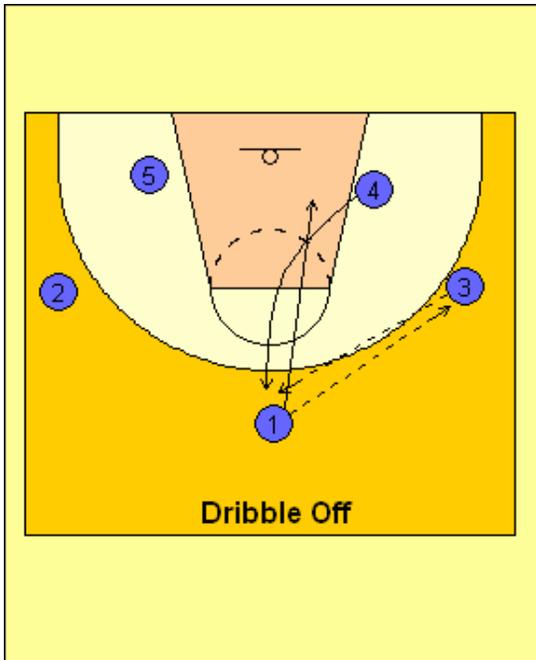


**Argentina:** Argentina's Women's National Team is a team dominated by strong perimeter play. Their guards are very good penetrators and their big players are good perimeter players, and shoot the ball well from the perimeter.

- 1 dribbles the ball towards the side of the floor as 2 shallow cuts to the top
- At the same time, 5 begins to move towards the elbow
- 4 moves out towards the corner
- 1 passes the ball to 2 at the top

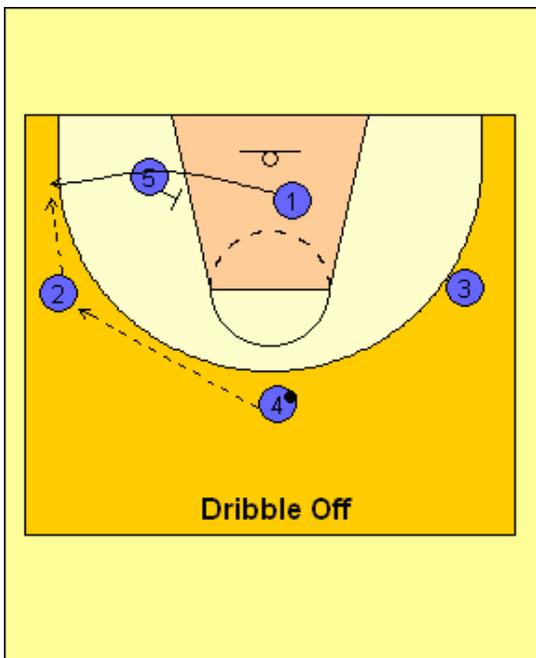


- 2 passes the ball back to 1
- 5 steps out and sets a ball screen for 1
- 1 comes off the ball screen and looks for:
  - 1 looks for his/her shot-if X5 stays back
  - 2 off the flare screen
  - 4 either ducking in, if X5 steps up
  - If X4 steps out and takes 2, then 4 may go to the short or long corner

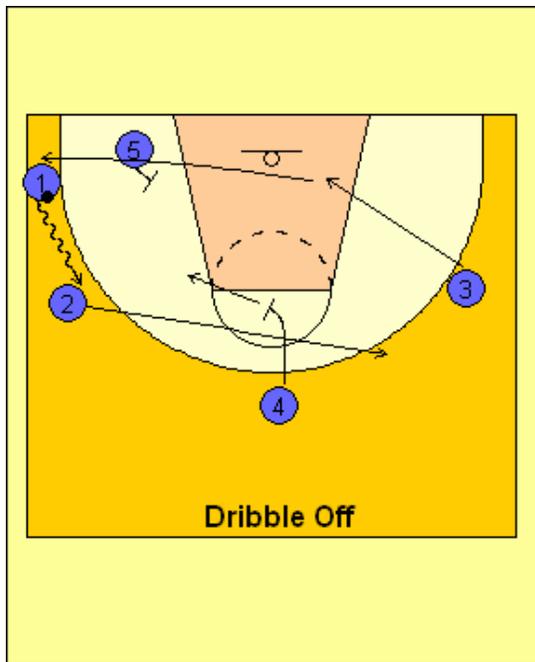


**Dribble Off:** This set is also well suited to the Argentina team because of their guard's ability to penetrate.

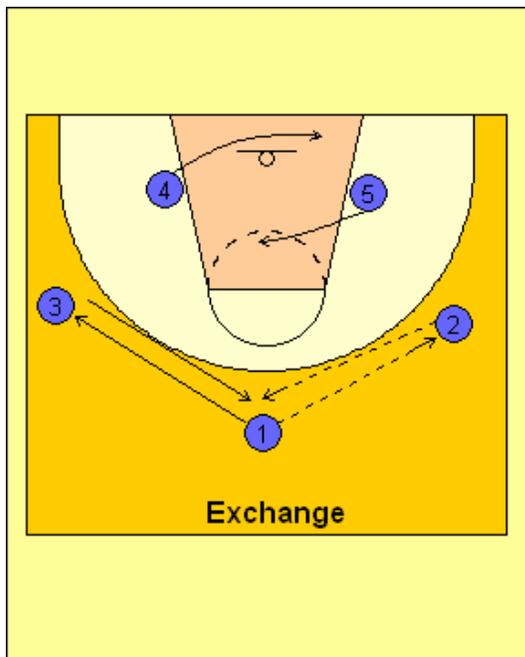
- 1 enters to 3 and cuts through the zone
- 5 steps off the lane to the outside
- 4 circles out to the top
- 3 passes to 4 at the top



- 4 reverses the ball to 2, as 1 comes off a baseline screen from 5
- 2 passes to 1 in the corner
- 1 may very quickly penetrate as the defender tries to get around the screen
- 5 may also go to short corner



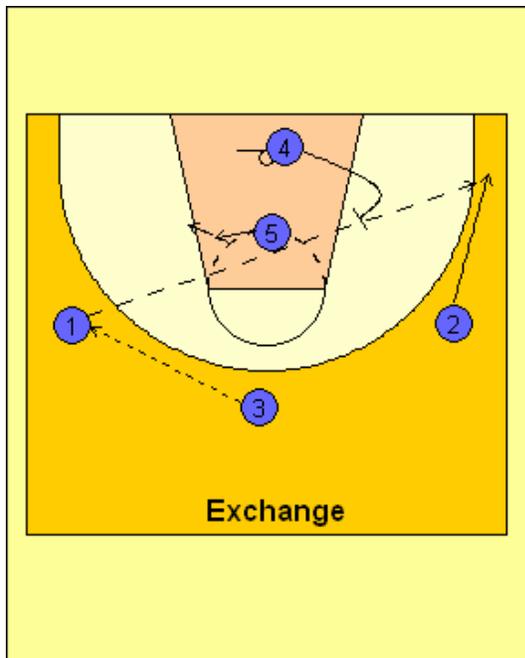
- As the pass goes to 1, 3 begins to cut through to the corner
- 1 dribbles the ball off the baseline, and 4 may set a flare screen for 2 or may just slip into the high post
- 2 either fills or comes off 4's screen to the top
- As 1 comes off the baseline, 5 sets a second baseline screen for 3 coming out to the corner



**Australia:** Australia's starting posts were 6'7 and the 6'6, Lauren Jackson, arguably the best female player in the world. However, they also have excellent outside shooting, so this set fits very well with their personnel.

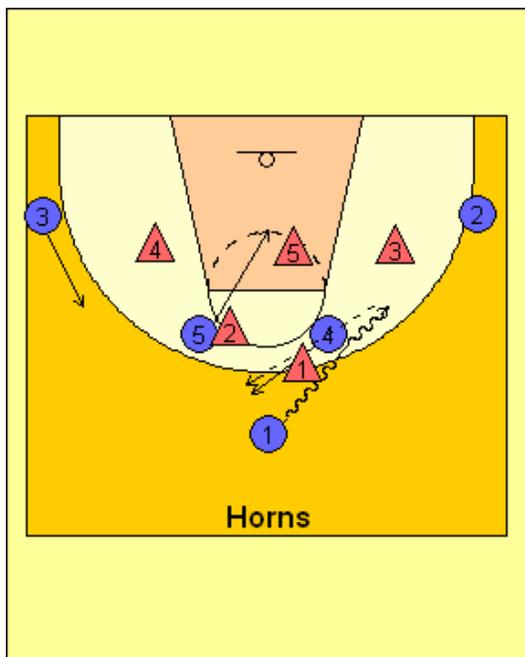
**Exchange:** This set is a variation of the lob play that North Carolina, under Dean Smith, made popular.

- 1 enters to 2 and exchanges with 3
- 3 reverses the ball back to 2 at the top
  - On the pass back to 2, 5 circles through the middle following the ball
  - 4 circles underneath quickly



- 3 reverses the ball to 1, and at the same time, 5 posts to the ball, and 4 continues outside the bottom weak-side defender
- 2 slides to the corner
- 1 throws the skip pass to 2 in the corner, as 4 screens the outside defender

If the defender gets outside 4, to take away the skip pass, then Australia can just throw over top to the 4 because of their size.



**Horns:** The “Horns” set is extremely popular man to man set in the world. With excellent guard play, the double high ball screen has proven to be very effective. The Australian team also ran this quick hitter against zone defences. It can be very effective because it creates a 1 on 1 situation inside or a 2 on 1 on the perimeter.

- 4 and 5 set screens on the top defenders in the zone
- 1 dribbles off 4, in this example
- After 1 comes off the screen, 4 slips to the top
- If X3 steps up to take 1, 1 may pass to 3
- If 1 passes to 4 at the top,
  - 5 is cutting to the middle of the lane to get position on X5
  - 3 steps up and to take X4 out of position or receive a pass for a shot